

**FREE**

Vol. 24

Issue 03/13

Fri 25th - Thurs 31st Jan 2013



# KINSALE ADVERTISER

INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Web: [www.kinsaleadvertiser.com](http://www.kinsaleadvertiser.com) :: Email: [info@kinsaleadvertiser.com](mailto:info@kinsaleadvertiser.com)

Padraig Fitzgerald of PJFitzgerald Insurance announces the launch of



## VALUE FOR MONEY HOME INSURANCE POLICY FOR HOMEOWNERS

### BASIC COVER EXAMPLE:

Buildings insurance = €200,000  
Contents = €40,000  
House in Kinsale, built in 1990  
Owner occupied, private residence  
No claims in the last 5 years, 2 smoke detectors.  
Standard construction,  
In an area free from flooding/subsidence

### COVER INCLUDES:

Fire Perils, Theft, Public liability etc.  
(No flood, subsidence, heave or landslip cover)

GENERAL POLICY EXCESS OF €500.00

**PREMIUM WAS: €272.00**  
**NOW ONLY: €243.00**

Source: Spike Home Insurance Price Check Comparison 20/1/2013  
Insurance rates vary from month to month.

**...OR YOU CAN CHOOSE FROM A BRAND NEW STANDARD  
HOME INSURANCE POLICY WITH MORE COVER THAN THE ABOVE RISK  
INC. FIRE, STORM, SUBSIDENCE, FLOOD, BURGLARY, PUBLIC LIABILITY ETC.**

**WAS: €318.00 NOW: €270.00**

Source: Spike Home Insurance Price check comparison 20/1/2013

**"Cheap as...**

**"**

**pjfitzgerald**



(Chips not included!)

**Payment by card at no extra cost**

**...We can now quote for Cork & Dublin City risks.**

subject to terms & conditions.

For a free quote please ring on

**Tel: 021 4772001 / 021 4772332**

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**[www.pjfitzgeraldinsurance.com](http://www.pjfitzgeraldinsurance.com) or email: [info@pjfitzgerald.ie](mailto:info@pjfitzgerald.ie)**

PJF INSURANCES LTD. IS REGULATED BY THE CENTRAL BANK

# K-CORD

KINSALE COMMUNITY  
RESPONSE TO DEMENTIA

**Invites you**

to become part of this  
exciting new community initiative

**Wednesday 30th January**

**at 8pm in the**

Trident Hotel,

Kinsale

**K-CoRD:**

Supporting people  
with dementia to  
remain at home,  
active in their  
communities



**FIND OUT HOW...**

Become actively involved in our  
community initiative as a person with dementia,  
a family member, carer, healthcare professional  
or volunteer

*All are welcome so please spread the word*

**For further information contact:**

Dr. Tony Foley, GP & Project Lead or Elizabeth Creed, Project Manager

**Phone:** 021 4709700 **Email:** [info@kcord.ie](mailto:info@kcord.ie)

K-CoRD is supported until 2016 by The Atlantic Philanthropies and the Health Service Executive through the Genio Trust

# The Folk House

Music Venue Guardwell - T: 021 4772382  
[www.folkhousevenue.com](http://www.folkhousevenue.com)



## CHECK OUT OUR... WORLD BEERS MENU

Unrivaled selection inc: Fuller's Honey Dew Lager, O'Hara's IPA, Old Speckled Hen, Hobgoblin Ale, London's Pride Ale.  
NEW ON TAP: Proper Job IPA, Tribute, O'Hara's Red Ale, Stowford Press Westons Cider, Metal Man Cask Ale, 8° Howling Gale, Abbot Ale, Carrig Irish Craft Lager



...ALSO  
UNRIVALED  
WHISKEY  
SELECTION!

## -Live Music-

**FRI 25th**

### THE FRETS

*Lively Duo Playing Trad To Jazz!*

**SAT 26th**

### FANTASY JAM BAND

*4 Piece Old School Folk, Rock & Contemporary Covers*

**SUN 27th**

### KING K.

*5 Piece All Round Covers*

**FRI 1st**

### AFTER HOURS

*3 Piece Old School Guitar Classic Covers*

**SAT 2nd**

### iFUNK

**ALL  
SPORTS  
SHOWN**  
ON 2 BIG  
SCREENS

**ALL  
PARTIES  
CATERED  
FOR  
THE  
GREEN ROOM  
FROM 3 TO 300**

## Bacchus-Nightclub

### FRI 25th JAN - DJ MARK

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

### SAT 26th JAN - DJ SEAN

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

### FRI 1st FEB - DJ GARIAN

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am



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[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)





## Cookery Demos Jan-March 2013

Learn to cook delicious food, have fun, meet people and experience something new with the team of chefs at the Blue Haven Hotel.

**-TUES 29th JAN-**  
Pastries

**-TUES 5th FEB-**  
Everyday Dinner  
& One Pot Suppers

**-TUES 19th FEB-**  
Middle Eastern Cooking

**-TUES 26th FEB-**  
Mediterranean Cooking

**-TUES 5th MAR-**  
Cooking on a Budget

**-TUES 12th MAR-**  
Celebration of Irish Dishes

**-TUES 26th MAR-**  
Seafood Cooking

All classes on Tuesdays, €25 per class  
or get 4 classes for €90

**Tel: 021-4772209**  
info@bluehavenkinsale.com

## The Market Garden

Pearse St., Kinsale.

Tel: 021 477 4574



General Grocery Specialising in Fresh Fruit & Vegetables  
Open: Mon-Sat 8.30am to 5.30pm

## KINSALE BOOKSHOP

8 Main Street, Kinsale, Co. Cork

Come & see our range of the  
latest titles & new exciting stock

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SALE**

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TO CLEAR!**



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& WHALE  
WATCHING**

Min: 6 Persons  
Weather Permitting  
€25 Per Person

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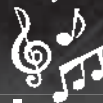
38ft Aquastar 'Sundance Kid'

**M: 086 103 6905  
T: 021 477 8054**

www.anglingkinsale.com  
email: info@anglingkinsale.com



*...I Will Follow Him, Say A Little Prayer For You, My Guy,  
It's Raining Men, Hallelujah, I Will Survive, Fabulous Baby,  
Take Me To Heaven, All By Myself, Uptown Girl*



# Kinsale Community School

Presents

# Sister Act

**Tuesday 29th Jan - Saturday 2nd Feb**  
**Show Starts 7.30pm**

**TICKETS ON SALE NOW**

*from*

**Maurice Murphy Hardware  
Kinsale Bookshop  
La Vie en Rose**

**Adult/Child Price €10.00**



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[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)





## EVENING COURSES

(Run from 7.15pm - 9.30pm)

**VHF SRC:** begins Mon 28th Jan

Course runs on Mon & Thurs for 3 evenings  
with a further evening for the Dept of Transport exam.

**1st Aid:** begins Mon 4th Feb

This course is STCW Certified

Course runs on Monday & Thursday over two weeks

**Dinghy Instructor:** 11th Feb & 25 March

Great packages available

**Weekend Powerboat Course:** 9th Feb

## February Mid term

(Beginning 12th Feb)

**Multi Activity Camp** €75

10am - 4pm for 3 days

**Sailing Camp** €105

10am - 4pm for 3 days

**Sailing or Kayaking Course** €145

10am - 4pm for 4 days

**Birthday Parties** only €19pp!!!

**Tel: 021 4772896** [www.kinsaleoutdoors.com](http://www.kinsaleoutdoors.com)

## The Spaniard

SCILLY, KINSALE

Tel: 477 2436 [www.thespaniard.ie](http://www.thespaniard.ie)

~ Live Music ~

Friday 25th January

**Martin & Friends, 9pm**

Saturday 26th January

**For Folk Sake, 9.30pm**

*Coming Soon...*

Thursday 14th February

-Grapevine Promotions presents-

**Declan O'Rourke**

+ support, €20. [www.tickets.ie](http://www.tickets.ie)



~ Bar Food & Restaurant ~

Food Served Daily - Monday to Friday 12pm-3pm

& All Day Saturday and Sunday

~ Private Parties Catered For ~

Call 021 4772436 for details.

## AAA Auto Services

Kinsale Enterprise Park, Barrack Green, Kinsale.



**All Makes of Cars  
& Vans Serviced**

-----  
**FREE N.C.T. Check**

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**FREE Collection & Delivery**  
for servicing etc. in Kinsale area

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**Cars N.C.T.'d for you  
Vans D.O.E.'d for you**

**Damien Bowles or Adrian Wright**

**T: 021 4700 811**

**M: 086 2544 297**

# FOOT LOOSE

KINSALE

64A Main Street, Kinsale.  
Phone/Fax: (021) 477 7898

## SALE! SALE! SALE!

UP  
TO **50% OFF**

### Ladies, Gents & Children's Shoes

Open 7 Days: Mon-Sat 10am-6pm & Sun 12pm-6pm. Gift Vouchers Available • Deposits Taken

*The Only Full Service Salon In Kinsale*

## **Kinsale Massage, Beauty, Hair & Nail Salon**

By Anika  
&  
Sandra

Pearse Street Kinsale (above Eurospar)

Tel: 087 783 9626 [www.kinsalebeautysalon.com](http://www.kinsalebeautysalon.com)

*...Due to popular demand our  
SPECIAL MASSAGE OFFER WILL CONTINUE!*

**Pay for a 60min Full Body  
Massage & Get 90min  
for Only €40**

*Benefits of massage include:*

- 30% More Energy • De-Stress & Relax
- Lowers Blood Pressure • Improves Concentration

*...and don't forget!!!*

with EVERY facial booked  
you get a **FREE Eyelash Tint  
and Eyebrow Tint & Shape**

*Book early to avoid disappointment!!*



**INTENSIFYFIT TRAINER**  
Only €5 per session



**THERMO ACUPRESSURE  
MASSAGE BED** Only €20 per 40min session

*~ Open Monday to Saturday ~*



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THE  
**ARMADA**  
BAR & GUESTHOUSE

Pearse Street, Kinsale Tel: 021 477 2255

Saturday 26th Jan:

*A special  
evening of  
music with*

**Jimmy  
Crowley**

*Back by Popular Demand!*

~ Plus Darts, Rings & Pool~



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Thai Massage ~ Reflexology  
Deep Tissue Massage

IDEAL FOR: Stress, Sports Injury, Aches  
& Pains ...or Just General Well Being!

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**M: 086 368 3968**

Also: Church Yard Lane, Well Road, Douglas, Cork.  
T: 021 493 6732 / M: 086 041 6338

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*Food Available  
All Day  
from 12pm*

- ~ Bar & Restaurant Menus Available
- ~ Lite Bite Menu
- ~ Special Value Menu
- 2 Courses: €20
- 3 Courses: €25
- ~ Lunch Menu & Daily Specials
- ~ Sunday Lunch
- €23.90 (4 Course)



**Tel: 021 477 2541**  
**www.jimedwardskinsale.com**

\*Gift Vouchers Available\*

\*Excellent Ensuite Accommodation\*







Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive



# stresscontrol

Face your fears; be more active; watch what you drink

Many people in our community are experiencing significant stress. If you want to learn better ways to handle common problems such as stress, anxiety, depression, low self-confidence, poor sleep and panic attacks then come along to

## Stress Control Classes

**Session 1:** Information about stress

**Session 2:** Control your body: relaxation, exercise

**Session 3:** Control your thoughts: learn to think your way out of stress

**Session 4:** Control your actions: boost self-confidence

**Session 5:** Control panic

**Session 6:** Control sleep problems; control your future

**WHERE?** KINSALE COMMUNITY SCHOOL,

**WHEN?** 30th JANUARY 2013 – 6th MARCH 2013 (6 SESSIONS)

**TIME?** 7pm – 8.30pm

This series of lectures is run by Riana Vermaak, Clinical Psychologist with the Kinsale Primary Care Team. To ensure you receive all accompanying handouts, you need to book your place by sending e-mail to [Riana.Vermaak@hse.ie](mailto:Riana.Vermaak@hse.ie), or ask your GP to register you.

**This course is free but places are limited, so book early**





# Kinsale Pilates Studio

## NEW 8 WEEK PILATES COURSES

STARTING MONDAY 4TH OF FEB

### Mondays

10am: Intermediate Matwork  
11.15am: Private Sessions available  
6.45pm: Antenatal Pilates (6wk Course)

### Tuesday

6.45pm: Intermediate/Advanced Matwork  
8pm: Beginners Pilates (6wk Course)

### Wednesday

10am: Private Sessions Available  
11.15am: Private Sessions Available

### Thursday

10am: 50+ & Backcare Pilates  
(Pay as You Go Class)  
1.15am: Private sessions available  
6.45pm: Intermediate/Advanced Matwork

Phone Trudy  
**087 6106 285**

Max 5 people per course

Located at the top of Featherbed Lane, 5 minutes walk from Kinsale Town Centre. All classes are taught by an experienced STOTT™ Pilates certified instructor.



**HERBALIFE.**  
Independent Distributor

**NEW Body & Weight Loss Challenge**  
about to start in great new location!  
**Call NOW to be sure of a place!**

Only €45 for 12 weeks!  
Lose weight, shape up & win cash prizes!

**Also private FREE Wellness evaluations,**  
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- Old Head
- Dunderrow
- Kinsale
- Belgooly
- Riverstick
- Ballygarvan

**No Phone line needed - No line rental**  
**Local Company with a local support team**  
**Packages starting from €3.50 per month**



**Contact Tristan on:**  
**087 1211809**  
Ballinadee, Bandon, Co. Cork  
email: [info@fasttrackbroadband.ie](mailto:info@fasttrackbroadband.ie)  
web: [www.fasttrackbroadband.ie](http://www.fasttrackbroadband.ie)

**Cover it now before you  
...Drop It, ...Smash It, ...Lose It!!!**

**PREMIER COVER  
ONLINE**

5 Gadgets up to a limit of €500  
from only €79 per year  
**Optional Loss Cover  
NOW Available**



**log onto [www.piffitzgeraldinsurance](http://www.piffitzgeraldinsurance.com)  
for a quote and instant cover.**

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# The White House

FULLY LICENCED GUESTHOUSE & BAR

## Guest Accommodation

4 Star AA Guesthouse

**Breakfast Served**  
from 8am-12noon

**Food Served Daily**  
12noon-10pm

~ **Special Menu** ~

3 Courses €25 / 2 Courses €20  
Available All Day

~ **Gift Vouchers Available** ~

*----- Live Music -----*

Saturday 26th Jan

**Don & Sean**, 10pm

Thursday 31st Jan

**Shane & Friends**, 9pm

Your hosts The Frawley Family & Staff

T: 4772125 [www.whitehouse-kinsale.ie](http://www.whitehouse-kinsale.ie)



## Kinsale GAA Dinner Dance

Friday 1st February  
Carlton Hotel, 7.30pm  
Tickets €35

Discounted tickets available  
for €30 until Jan 25th.

*Tickets available from  
Maurice Murphys & club members.*

## REBEL BOOT CAMP

Personal Training and Power Plate training sessions available in an exclusive town center studio or a mutually agreed location (eg your home/garden/park etc).

### NEW YEAR PERSONAL TRAINING OFFERS:

#### ONE ON ONE:

€40 per session (approx 1 hour)  
6 sessions - €200  
12 sessions - €400

Training with one or more friends  
is also available upon request  
- a great way to reduce the cost!

#### POWER PLATE TRAINING OFFERS:

One on one - €20 per session (approx 20 mins)  
6 sessions - €100  
12 sessions - €200

#### BUDDY TRAINING:

is also available upon request  
- a great way to reduce the cost!

#### BODY BLAST PROGRAMME OFFER:

4 week Body Blast programme only €200  
1 personal training session & 2 boot  
camp classes per week with diet plan and  
continuous nutrition support.

for further information or to book your place log onto:

**WWW.REBELBOOTCAMP.IE**

OR CALL MARK:

**086 880 9542**

EMAIL [INFO@REBELBOOTCAMP.IE](mailto:INFO@REBELBOOTCAMP.IE)



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KINSALE COLLEGE ADVANCED ACTING STUDENTS PRESENT

# THE ROVER

BY APHRA BEHN

DIRECTED BY BELINDA WILD

JAN 19, 20, 26, 27  
FEB 2, 3

DOOR 2PM

ALL TICKETS €10

KINSALE COLLEGE AMPHITHEATRE

FOR PHONE BOOKINGS RING 085 830 9359



## ***Bulman Bar & Toddies Restaurant***

SUMMERCOVE, KINSALE

*~Food Served~*

*Tuesday to Sunday: 12.30pm-5pm*

*& Tuesday to Saturday: 6pm-9pm*



*Saturday 26th January*

**Music by Sweet As** *from 10.15pm*

*Sunday 27th January*

**Music with Mike O'Riordan  
& Niall McCabe** *from 6.30pm*

**T: 021 477 2131** [www.thebulman.ie](http://www.thebulman.ie)



## **Céilí Fit** <sup>TM</sup>

*Irish Céilí & Set Dancing*

**WANT TO ...Have Fun**

**...Get Fit**

**...Learn to Dance?**

*We have the answer for you!*

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- No Dancing Partner needed
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**MONDAY NIGHTS (except Bank Holidays)**

**Kinsale Temperance Hall 8.30pm - 10.30pm**

*Come and join the craic, meet new friends and lose weight*

**Contact Fionan Cogan 087 8185111**

**Email: [ceilifit@gmail.com](mailto:ceilifit@gmail.com)**

**Website: [www.ceilifit.ie](http://www.ceilifit.ie)**



# Jim Daly TD Advice Clinic

**Friday 1st February**  
**Trident Hotel, 12.30pm**

[www.jimdaly.ie](http://www.jimdaly.ie)

Weekly Clinics by appointment  
Contact the office for details  
023 88 43868 / 023 88 58770



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**Delicious  
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**Tea/Coffee &  
Any Tray Bake**  
Only €3.60 Mon-Fri

**Patsy's famous  
Lemon Meringue  
& Carrot Cake**

*Delicious home baked goods, tarts & much more. We Make & Bake Everything  
Ourselves Everyday! ...and remember: If you can't stay, you can takeaway!*

**Breakfast all day & Lunch 'til late ...plus Sunday Brunch**

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# Kinsale Needs You!

Have you experience in:

- ☒ Marketing/PR
- ☒ Business
- ☒ Tourism
- ☒ I.T. & Social Media
- ☒ Supporting Your Town

Can you help!

Please email: [admin@kinsale.ie](mailto:admin@kinsale.ie)

Help create a new vision for Kinsale!

# SAY "I DO" IN KINSALE



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The Trident can make your wedding everything  
you have always dreamed of and more!

Check out our site for some inspiration

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OR FOR MORE DETAILS,  
contact our Wedding Co-ordinator  
t: 021 477 9300  
e: [cb@tridenthotel.com](mailto:cb@tridenthotel.com)



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KINSALE  
Pink Ribbon Walk.ie



# Thank You!

**For supporting the Pink Party at the White Lady on Friday 18th January.**

Over €2,500 was raised, together with a cheque for €5,100 that was presented by the Kinsale Good Food Circle, from the auction during the Kinsale Gourmet Weekend last October  
A fantastic start to our fundraising campaign.

Special thanks to Anthony, Roman and staff at the White Lady, Sharon Crosbie and her band and guest Clem Buckley for a great gig, and to all our Pink Party Sponsors as follows:

Barry & Fitzwilliam	The Bulman Kinsale	Tres Chic Beauty, Sandycove
DAOL Design & Print	Giles Norman Gallery	Eileen's Beauty Salon
Mary Enright Goldsmith	The Trident Hotel	Ballyhass Lake Activity Centre
Carroll's Cycles, Cork	Fintan Lynch Hairdressing	The Blue Haven Food Co.

**The Kinsale Pink Ribbon Walk will take place on Sunday 3rd March 2013,**  
to benefit Action Breast Cancer, a programme of the Irish Cancer Society. Now is the time to get involved,  
get fit, have fun and help raise awareness and much needed funds for Action Breast Cancer.

## INFORMATION DAY - Saturday 26th January

from 11am-4pm at The Temperance Hall,  
for further information and Registration.

**YOU CAN REGISTER NOW ON**  
**[www.pinkribbonwalk.ie](http://www.pinkribbonwalk.ie)**

**or contact (086) 2719556 for more information**

 [www.facebook.com/PinkRibbonWalk](http://www.facebook.com/PinkRibbonWalk)

 [www.twitter.com/pinkribbonwalks](http://www.twitter.com/pinkribbonwalks)



Canine Beautician: Susan Handel  
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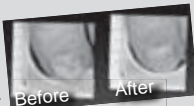
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**Laura Hagger**

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and quick  
effective  
treatment  
of verrucae.



Routine Footcare • Specialist Diabetic Footcare  
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No. 26 Haven Bay Apt, Ballinacubby, Kinsale

Guardwell, Kinsale  
Prop. Donna Murphy

THE  
HOUSE  
OF  
HAIR

...IT'S BACK!!!  
**BLOW-DRY  
BAR**  
STRAIGHT €10  
CURLY €15  
MON, TUES & THURS

FOR AN APPOINTMENT  
**CALL: 021 477 2526**

OPEN MON: FROM 10am; TUES, WED & FRI: 9am-6pm  
THURS: 9am-LATE (BY APPOINTMENT); SAT: 8.30am-5pm



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# JANUARY SALE NOW ON!

## The Blind-Maker

Visit our Showrooms @:  
- Southside Industrial Estate  
(near EZ Living), Togher.

**021 4320111**

[www.theblindmaker.ie](http://www.theblindmaker.ie)

SHOWROOMS OPEN MONDAY TO SATURDAY

FREE HOME CONSULTATION, MEASURING & FITTING



# YOGA

**with Marsha**

Classes starting soon in Kinsale Town Centre

**Warm Carpeted Yoga Room**

**Yoga - Morning & Evening Classes**

**Pregnancy Yoga**

Call or text for more information to

**087 250 7637**

Marsha (Marmamurti) is a qualified Satyananda Yoga teacher and has been teaching since 1999. In addition, Marsha's qualifications are accredited by the British Wheel of Yoga and are recognised worldwide. Marsha has completed the BWY Pregnancy Yoga Module and specialises in Pre-Natal Yoga



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**Tel: 021 477 2001**

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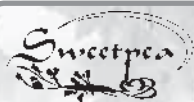
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Loose Weight- Become a Healthier Happier YOU in 2013.

Have a Kinesiology Body Reading/ Muscle Balance

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## KINSALE ACTIVE RETIREMENT ASSOCIATION

Tues 29th Jan - Temperance Hall, 2.30pm

**Talk on First Aid by Tom Kelly,  
Kinsale Red Cross.**

## LIFT NEEDED TO CARRIGALINE

**Mon-Fri, must be there by 8.30am.**

**Will contribute to Petrol costs.**

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## NEW YEAR'S RESOLUTION 2013!

**5 Week Stop Smoking Package**

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# S.O.S. Concert in aid of R.N.L.I.

Friday, January 25th

Ballinadee Catholic Church, 8 pm

Taking part are Spiro and Glaslinn Ladies' Choir,  
Dan Twomey of R.T.E. fame, Orla Fogarty,  
Roos Demol, Mairead McCarthy, Deborah Murphy  
and others... Donations kindly accepted.

## Kinsale Rugby Club

Sun 27th January @ Snugmore, Kinsale

Kinsale 1st XV Vs Middleton, 2pm

Kinsale 2nd XV @ Tralee RFC, 12pm

You can now do the Kinsale RFC lotto online at [www.kinsalerfc.com](http://www.kinsalerfc.com)



## COFFEE MORNING

St. Patrick's Day Parade 2013

Friday 25th Jan

Temperance Hall, 10am-12pm

*For a successful community parade we hope  
you will support this community fundraiser.*

-St. Patrick's Day Parade Committee

## Cork Parkinsons Support Group:

### Coffee Morning

Tues 29th Jan, Trident Hotel, 11am.

All Welcome.

one event  
one topic  
one evening only  
one project

[www.kinsalepeaceproject.com](http://www.kinsalepeaceproject.com)



## FRI 25th JAN

### BACCHUS NIGHTCLUB:

with DJ Mark, 11.30pm.

### BALLINADEE CATHOLIC

**CHURCH:** SOS Concert,  
in aid of RNLI, with Spiro  
and Glaslinn Ladies' Choir  
and many others. 8pm.

### BLUE HAVEN:

The Love Junkies, 10pm.

**COFFEE MORNING:** For  
St. Patrick's Day Parade,  
Temperance Hall 10pm.

### FOLKHOUSE:

Live Music with the Frets.

**HAMLETS:** Live DJ.

### KINSALE BRIDGE CLUB:

Trident Hotel, 10.15am.

### SPANIARD BAR:

Martin & Friends, 9.30pm.

### TEMPERANCE HALL:

Drum Circle, 7pm.

All Welcome.

## SAT 26th JAN

### ARMADA BAR:

Live Music with

Jimmy Crowley.

### BACCHUS NIGHTCLUB:

with DJ Sean, 11.30pm.

**BLUE HAVEN:** Live Music  
with Crazy Chester, 10pm.

### BULMAN, SUMMERCOVE:

Sweet As, 10.15pm.

### FOLKHOUSE:

Live Music with the  
Fantasy Jam Band.

**HAMLETS:** Live DJ.

### KINSALE COLLEGE

### AMPHITHEATRE:

Kinsale College Advanced

Acting Students Present:

The Rover, 2pm.

### SPANIARD BAR:

For Folk Sake, 9.30pm.

### TEMPERANCE HALL:

Information Day &  
Registration for  
Pink Ribbon Walk, 11am.

### WHITE HOUSE:

Don & Sean, 10pm.

## SUN 27th JAN

### BLUE HAVEN:

Sonny & Friends, 9.30pm.

### BULMAN, SUMMERCOVE:

Mike O'Riordan &  
Niall McCabe, 6.30pm.

### FOLKHOUSE:

Live Music by King K.

## KINSALE COLLEGE

### AMPHITHEATRE:

The Rover, 2pm.

### KINSALE RFC:

1st XV Vs Middleton, 2pm.

Snugmore, Kinsale.

2nd XV @ Tralee, 12pm.

## MON 28th JAN

**DALTONS BAR:** Traditional  
Irish Music & Ballads.

### KINSALE CEILI FIT:

Temperance Hall, 8.30pm.

All Welcome.

### KINSALE VOICES:

Acappella Choir,

Blue Haven, 7.30-9.30pm.

## TUES 29th JAN

### ACTIVE RETIRED

### ASSOCIATION:

Talk on First Aid by  
Tom Kelly (Kinsale Red  
Cross), Plus Exercises  
with Maureen & Mary.  
Temperance Hall, 2.30pm.

### BLUE HAVEN

### COOKERY SCHOOL:

Pastries, 7pm.

### KINSALE BRIDGE CLUB:

Trident Hotel, 7.30pm.

### KINSALE COMMUNITY

### SCHOOL PRESENTS:

Sister Act, 7.30pm.

### TRIDENT HOTEL:

Cork  
Parkinsons Support Group  
Coffee Morning, 11am.

## WED 30th JAN

### BLUE HAVEN:

Live Music  
with Niall McCabe Band.

### KINSALE COMMUNITY

### SCHOOL:

HSE Lectures  
on Stress Control, 7pm.

### KINSALE COMMUNITY

### SCHOOL PRESENTS:

Sister Act, 7.30pm.

### TRIDENT HOTEL:

Launch of K-Cord  
Community Initiative, 8pm.  
All Welcome.

## THURS 31st JAN

### BLUE HAVEN:

Darren & Friends.

### KINSALE COMMUNITY

### SCHOOL PRESENTS:

Sister Act, 7.30pm.

### WHITE HOUSE:

Shane & Friends, 9pm.



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**TUESDAY-THURSDAY:**  
9.30am-5.30pm

**FRIDAYS:** 8.30am-5.30pm  
(Closed for Lunch 1-2pm)

**SATURDAYS:** 9.30am-3pm  
(Open through Lunch)

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